

The outer and inner layers of the skin need to be hydrated in order to maintain a healthy appearance

Why do you need to hydrate the epidermis?

Epidermal hydration is needed to maintain the skin's "barrier" function, maintain its integrity, and prevent appearance of dry skin. This is usually achieved through topical products applied to the surface of the skin.

If I already hydrate the outer layer of my skin, why do I need to hydrate the inner layer?

If the dermis is hydrated, plump, and healthy it supports a healthy dermal-epidermal junction, which is necessary for healthy cells to migrate up and give visible results in the epidermis.

#### SkinMedica® Important Information

Most SkinMedica® products are intended to meet the FDA's definition of a cosmetic product, an article applied to the human body to cleanse, beautify, promote attractiveness, and alter appearances. These SkinMedica® products are not intended to be drug products that diagnose, treat, cure, or prevent any disease or condition. These products have not been approved by the FDA, and the statements here have not been evaluated by the FDA.

#### DiamondGlow® Important Information

##### Uses

The DiamondGlow® device is a general dermabrasion device that gently removes the top layer of skin and delivers topical cosmetic serums onto the skin.

##### Important Safety Information

The DiamondGlow® treatment is not for everyone. You should not have a DiamondGlow® treatment if you have compromised skin quality. Tell your provider if you are pregnant or lactating, or if you have any medical conditions, including allergies, and if you are using topical medications on the area to be treated.

Typical side effects include a scratchy, stinging sensation during the treatment and temporary tightness, redness or slight swelling after the treatment. Rare serious side effects may also occur and include severe skin irritation and allergic reactions.

##### SkinMedica® Pro-Infusion Serums Disclaimer

SkinMedica® Pro-Infusion Serums are intended to meet the FDA's definition of a cosmetic product, an article applied to the human body to cleanse, beautify, promote attractiveness, and alter appearances. These products are not intended to be drugs that diagnose, treat, cure, or prevent any disease or condition. These products have not been approved by the FDA and the statements have not been evaluated by the FDA.

Please talk to your provider for additional information.

#### SKINVIVE by JUVÉDERM® Injectable Gel Important Information

##### APPROVED USES

SKINVIVE by JUVÉDERM® injectable gel is an injection to improve skin smoothness of the cheeks in adults over the age of 21.

##### IMPORTANT SAFETY INFORMATION

###### Are there any reasons why I should not receive SKINVIVE by JUVÉDERM® treatment?

Do not use this product if you have a history of multiple severe allergies or severe allergic reactions (anaphylaxis), if you are allergic to lidocaine or the Gram-positive bacterial proteins used in this product, or if you have had previous allergic reactions to hyaluronic acid fillers.

###### What Warnings should my specialist advise me about?

- One of the risks with dermal filler injection is the unintentional injection into a blood vessel. The chances of this happening are very small, but if it does happen, the complications can be serious and may be permanent. These complications, which have been reported for facial injections, can include vision abnormalities, blindness, stroke, temporary scabs, or permanent scarring of the skin. Most of these events are irreversible. Tell your specialist immediately if you have changes in your vision, signs of a stroke (including sudden difficulty speaking, numbness or weakness in your face, arms or legs, difficulty walking, face drooping, severe headache, dizziness, or confusion), white appearance of the skin, or unusual pain during or shortly after treatment
- The use of this product where skin sores, pimples, rashes, hives, cysts, or infections are present should be postponed, as this may delay healing or make skin problems worse
- The effectiveness of removal of any dermal filler has not been studied

###### What Precautions should my specialist advise me about?

- Minimize strenuous exercise, exposure to extensive sun or heat, and alcoholic beverages within the first 24 hours following treatment. Exposure to any of these may cause temporary redness, swelling, and/or itching at the injection site
- Tell your specialist if you are using any medication that can prolong bleeding, such as aspirin, ibuprofen, or other blood thinners, as this may increase bruising or bleeding at the injection site
- Tell your specialist if you are planning laser treatment, chemical peeling, or any other procedure after SKINVIVE by JUVÉDERM®. There is a possible risk of an inflammatory reaction at the treatment site
- This product is intended for improving skin smoothness of the cheeks. The safety and effectiveness for treatment in other areas of the body have not been established
- Tell your specialist if you are on therapy used to decrease the body's immune response, as treatment may result in an increased risk of infection
- Tell your specialist if you are pregnant or breastfeeding. The safety for use during pregnancy, or in women who are breastfeeding, has not been studied
- Tell your specialist if you have a history of excessive scarring (thick, hard scars). The safety of this product in patients with a history of excessive scarring has not been studied and may result in additional scars
- Tell your specialist if you have a history of pigmentation disorders, as use of this product in patients with a history of pigmentation disorders has not been studied and may result in changes in pigmentation

###### What are the possible side effects of treatment?

The most commonly reported side effects were redness, lumps/bumps, swelling, bruising, pain, tenderness, firmness, discoloration and itching. Most side effects will resolve within 7 days. If they persist longer, your physician may choose to treat them with medications, such as antibiotics, steroids, or hyaluronidase. Additionally, there have been reports of inflammation, nodules, unsatisfactory result, loss or lack of improvement, allergic reaction, anxiety, blood vessel blockage, infection, dry skin, increase or decrease in sensation, and abscess.

Delayed-onset inflammation near the site of dermal filler injections is one of the known adverse events associated with dermal fillers. As with all skin injection procedures, there is a risk of infection.

To report a side effect, please call the Allergan® Product Support Department at 1-877-345-5372. Please also visit SKINVIVE.com or talk to your specialist for more information.

SKINVIVE by JUVÉDERM® is available only by a licensed physician or properly licensed practitioner.

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# Hydrate Your Skin From the Inside Out

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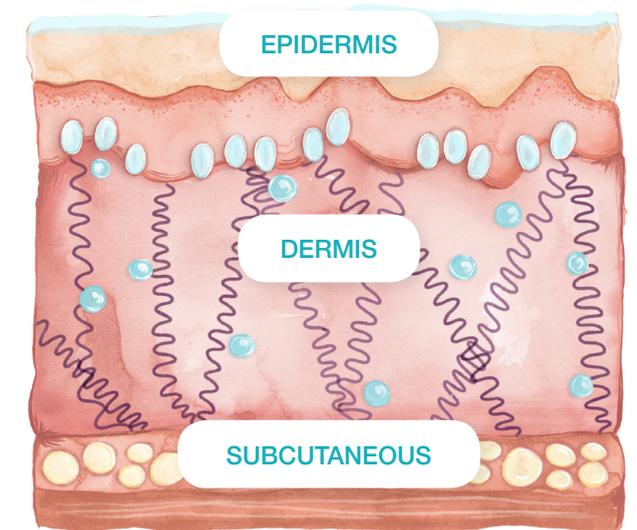
Skin is the largest organ, growing, changing, and renewing constantly. Its primary function is to protect the human body against the external environment.

## SKIN IS COMPOSED OF 3 LAYERS:

**EPIDERMIS:** outermost layer of the skin that prevents fluid loss and infection.

**DERMIS:** the inner supportive layer of the skin that provides circulation, nutrition, and waste removal.

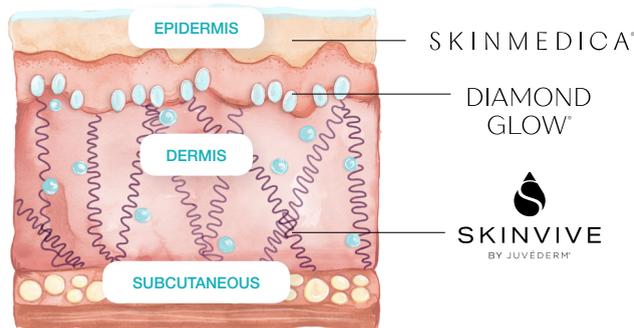
**SUBCUTANEOUS:** deepest layer that stores fat and supports blood vessels and nerves.



# Your guide to skin hydration

Hyaluronic acid (HA), a water-attracting molecule found in your skin, naturally decreases with age and sun exposure, making your skin more prone to dehydration. Natural levels of hyaluronic acid in the epidermis reduce with age, along with the dermal-epidermal junction and the nutrient flow between the layers of the skin. This can lead to a loss in skin hydration and smoothness. Hyaluronic acid increases your skin's natural hydrating ability to retain moisture and softness, making it very important to replenish these levels in the skin.

Allergan Aesthetics offers a full portfolio of HA products that help address hydration at every layer of the skin.



## SKINMEDICA®

HA<sup>5</sup>® Rejuvenating Hydrator



**Layer of skin:** Epidermis

**Application:** Topical product applied daily

**Benefits:** Provides immediate smoothing in the appearance of fine lines and wrinkles, and supports the skin's ability to replenish its own hyaluronic acid for overall skin health.

## DIAMOND GLOW®

HA<sup>5</sup>® Hyaluronic Acid Pro-Infusion Serum



Model. Not a patient.

**Layer of skin:** Superficially permeates the skin (Epidermis)

**Application:** Dermabrasion treatment, recommended every 2-3 weeks

**Benefits:** Features 5 forms of hyaluronic acid to instantly hydrate, visibly plump, and reduce the appearance of lines and wrinkles.

## SKINVIVE® BY JUVEDERM®



**Layer of skin:** Dermis

**Application:** Microdroplet injections of hyaluronic acid recommended every 6 months performed by a licensed injector

**Benefits:** Smooth hyaluronic acid gel that's injected as microdroplets below the surface of the skin, increasing hydration to improve cheek smoothness.

In clinical studies, patients who were treated with SKINVIVE by JUVEDERM® reported high satisfaction with how glowing, hydrated, refreshed, and healthy their skin looked through 6 months.

See Uses and Important Safety Information for SKINVIVE by JUVEDERM® on back page